

# GREEN TREE COURT

NURSING AND RESIDENTIAL CARE HOME



A NEW STANDARD OF EXCELLENCE  
IN RESIDENTIAL, NURSING AND DEMENTIA  
CARE COMES TO EXETER

LEX  CON<sup>®</sup>

Luxury Living. Clinical Excellence.



*“Happiness is the good life that is marked by flourishing well-being joy, prosperity, peace, satisfaction, and pleasure.”*

Ogwo David Emenike



# *Welcome to* GREEN TREE COURT.

---

A philosophy of clinical and caring excellence	8
Luxurious space, beautiful bedrooms and living spaces	11
Food and drink to delight and please	12
An active lifestyle tailored for you	14
Nursing care services	16
Respite care at Green Tree Court	18
Day care at Green Tree Court	20
Environmentally aware	23
Making the move to Green Tree Court	25
Directions to our beautiful home	26



## *Welcome to* GREEN TREE COURT.

---

**Green Tree Court specialises in providing the very best of personalised residential, nursing and dementia care in a luxurious setting, for its residents.**

Our beautiful home is situated in historic Pinhoe, one of the oldest boroughs of Exeter. The home features 68 larger than normal rooms, each beautifully furnished with tasteful interior design touches and an en-suite bathroom as standard.

Your quality of life and wellbeing are of paramount importance to us, and we'll tailor your personal experience at Green Tree Court to meet your every need. From our 5-star facilities and restaurant-quality food to our exciting and varied programme of activities, we offer clinical excellence combined with an enriching and fulfilling lifestyle.

Whether you're planning for the future of your care, or are simply looking for a comfortable and homely environment in which you can rely on 24-hour support, come and talk to us today and discover a new way of life

*First class service.  
Personalised for you.*



*“Your quality of life and wellbeing are of paramount importance to us.”*

## *A philosophy of* CLINICAL AND CARING EXCELLENCE.

---

**As luxurious as any 5-star hotel, the opulent design of Green Tree Court and the exceptional range of facilities available underpins a philosophy of excellence in care and comfort, combined with the active promotion of individual choice.**

Our vision to deliver a service of clinical and caring excellence within a luxurious and homely environment echoes through every aspect of the home. From the unique, 'living wall' atrium to the hand-picked furnishings in all the rooms and living areas, careful attention has been paid to every detail to make your living experience the very best possible.

Every single member of our team is the best person for the job, and understands how to deliver the first class customer service upon which we pride ourselves. Our Home Director and senior nursing team have significant expertise in planning and delivering the highest standard of nursing and dementia care, so you can put your trust in us.







*Luxurious space.*  
PERFECTLY APPOINTED  
BEAUTIFUL BEDROOMS

---

Every aspect of Green Tree Court has been carefully crafted to be a comfortable, safe and homely place in which to relax. Tasteful interior design touches give a unique, elegant feel to both the bedrooms and living spaces throughout the home.

All our bedrooms are superior as standard, and offer an unparalleled level of quality in finish and comfort, including a high specification en-suite bathroom. Every room offers a 24 hour emergency nurse call system.

Unlimited WiFi internet access is available throughout the home, digital TV points are installed in every room, plus there is the option of a private telephone.

If you wish to enhance your living experience at Green Tree Court, our deluxe rooms also feature superior quality fittings and marble finishes in the en-suite, a private fridge and a patio door leading to your own secluded private patio. You can overlook our tranquil garden and enjoy the wonderful Devon air in comfort.

*Nutritious meals.*  
BEAUTIFULLY PREPARED.

---

The dining experience at Green Tree Court is both a delight and pleasure every day. Our Head Chef and team of experienced catering professionals take pride in their cooking and offer a range of interesting meals that will charm your taste buds.

We order only the best GM-free produce from local suppliers that, where possible, has been organically produced and is as fresh and sumptuous as you would choose for yourself.

You can choose where to enjoy your meals, whether that's in one of our five well-appointed dining rooms, in your private room, or even in the garden on a warm summer day.

Our chefs will be delighted to prepare a special menu for a birthday or special occasion. You can entertain your friends and family in one of our private dining rooms or one of our lounges.

Of course, it goes without saying that our menus can be adjusted to meet your specific requirements and dietary needs.



*An active lifestyle.*  
TAILORED FOR YOU.

---

Everything about the service we provide can be personalised to your exact requirements. From the specific care you require to personal touches in your room, your experience at Green Tree Court can be completely tailored just for you. After all, it's your home.

Moving into a residential environment shouldn't mean you have to give up any hobbies or activities you enjoy. Our personalised approach extends throughout our activity programme. This includes a varied social diary with guest speakers and entertainers, film evenings, skittles, arts and crafts as well as away days in the local area.

Our superb range of in-house facilities includes a contemporary cafe, hairdressers, holistic therapy room, prayer and quiet room, cinema room, plus a library and activity centre.



## *Clinical excellence.*

### SPECIALIST CARE. NURSING CARE SERVICES.

---

Our Home Director and senior nursing team will undertake a thorough assessment of your physical, mental and emotional needs before designing your personalised care plan with you. If you choose, we can also make sure your family or relatives are frequently involved in your care. Regular conversation, whether that's over a long-term residency or a short-term stay means your care plan can adapt as your needs and preferences change.

Our staff are selected, not only for their clinical excellence, but also their warmth and sensitivity. Our nursing staff are available 24 hours a day, 365 days a year to offer the very best care.

The unique combination of facilities at Green Tree Court means we can cater to your every need. If you require post-surgical rehabilitation or need physical activity to maintain your mobility, we have a well-equipped gym and trained physiotherapists who will be on hand to ensure you are safe and get the most out of your exercise. If you have other healthcare professionals involved in your care, we will gladly work as part of the multi-disciplinary team to ensure everyone is involved.

Our dementia care wing will meet the internationally recognised Stirling Gold Standard for dementia friendly design, which we believe makes Green Tree Court the first in the South West to offer this advanced environment.





## *Respite Care* AT GREEN TREE COURT.

---

**It may be you or a loved one needs extra support or care on a temporary basis. This service may be useful during a period of convalescence following illness or stay in hospital or maybe while primary carers take a holiday or enforced leave.**

Respite care at Green Tree Court provides a 5 star, luxurious, safe and secure alternative to care in the family home.

Holiday respite stays are also available. This could be a short break or longer stay. Single or double occupancy is available and people can choose to stay alone or bring a friend or loved one.

Our bespoke packages are tailored to individual needs but our welcome package includes:

- Initial Occupational Therapy assessment
- Initial Physiotherapy assessment
- 24 hour nursing care & 5 star accommodation
- All meals
- Laundry
- Access to private dining. Why not invite your loved ones to share a meal with you, in our beautiful private dining room.



## *Day Care at* GREEN TREE COURT.

---

**Our Day care packages are ideal for people who are still living at home, but who may require assistance and support during the day. We provide a safe and luxurious environment in which you can have a wonderful day out, receive support, make friends and relax.**

The services are suitable for older people with varying levels of care needs, including those who have dementia.

Attending day services helps to relieve the loneliness and isolation of people living on their own and also assists people in maintaining independence.

Day care services are also suitable for people who live with relatives, enabling family members to have some respite with the peace of mind that their relative is being cared for.

Our bespoke packages are tailored to your individual needs and can include:

- Initial Occupational Therapy assessment and home visit to advise on equipment at home
- We can offer nurse related treatments such as dressings, where required
- Access to all the home's luxury facilities including:
  - Enjoy our Hair Salon or a beauty treatment in our Spa (one treatment would be free per 6 visits)
  - Relax in one of our state of the art Rhapsody baths complete with mood lighting and your favourite music
  - A 5 Star lunch in one of our 5 restaurants
  - Afternoon tea and delicious home-made cakes.





*Environmentally aware*  
SUSTAINABLE FOCUS.

---

The ground-breaking design of Green Tree Court not only provides a luxurious and homely place in which to live, but it is also environmentally conscious in its design and operation.

The home has been designed to meet BREEAM® excellent standard in sustainable building design.

Green Tree Court will also be carbon neutral in its first year by the offsetting of its carbon output through low-carbon and renewable energy projects across the world.





## *Making the move* TO GREEN TREE COURT.

---

We understand it can be a difficult decision to move from your home into a residential nursing environment, but our Home Director and senior nurses will guide and reassure you every step of the way.

Our commitment to an entirely personal level of service ensures you will feel completely satisfied with your care plan and your living arrangements before you make the move to your new home at Green Tree Court.

Your personal preferences and your wishes for your care will guide us every day.

Your life at Green Tree Court is yours to live as you please in exquisite comfort, luxury, care and wellbeing.

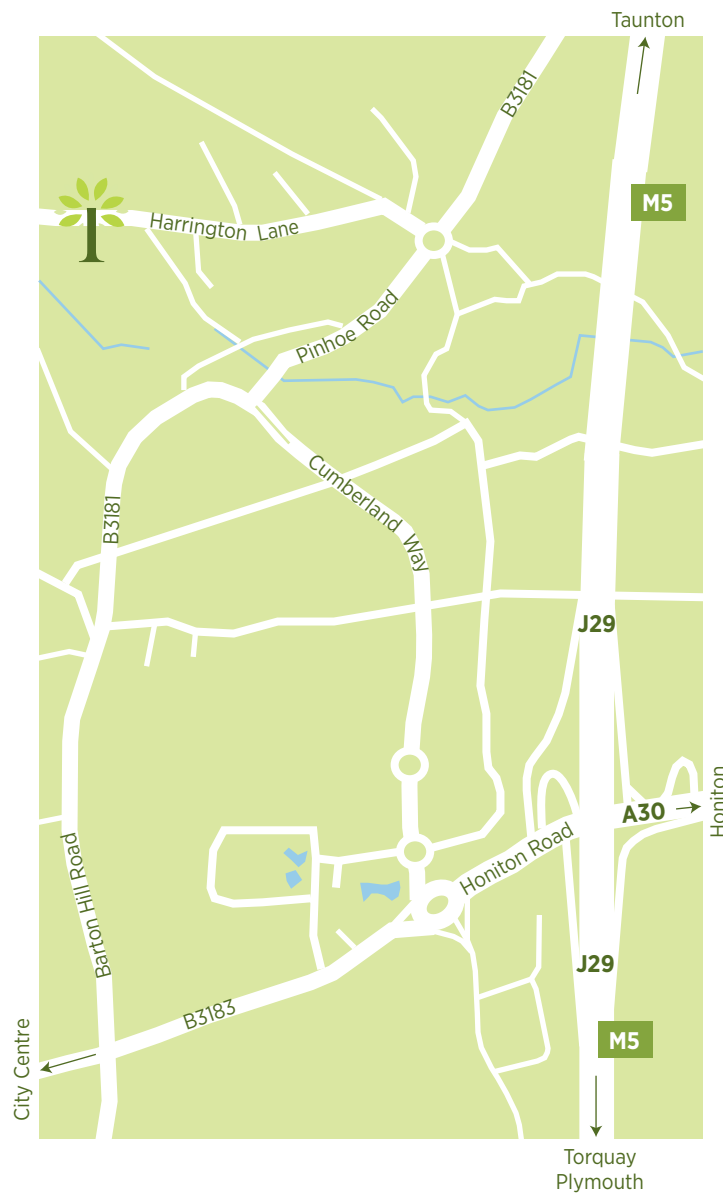
A warm welcome awaits you and your family.

To discuss your personal requirements or to arrange a visit to Green Tree Court, please contact us on 01392 240400 or email [enquiries@lexiconhealthcare.co.uk](mailto:enquiries@lexiconhealthcare.co.uk)

[www.lexiconhealthcare.co.uk](http://www.lexiconhealthcare.co.uk)

## *Directions to* GREEN TREE COURT.

DIRECTIONS  
TO GREEN TREE  
COURT



81 Harrington Lane, Pinhoe, Exeter, Devon EX4 8NS

Postcode for satellite navigation EX4 8NS.



*“We are waiting to help you  
discover a new quality of life”*



**L E X I C O N**<sup>®</sup>  
Luxury Living. Clinical Excellence.

Green Tree Court, 81 Harrington Lane, Exeter EX4 8NS  
T 01392 240400 E [enquiries@lexiconhealthcare.co.uk](mailto:enquiries@lexiconhealthcare.co.uk)

[www.lexiconhealthcare.co.uk](http://www.lexiconhealthcare.co.uk)